

SURGERY PREPARATION CHECKLIST

- Pre-Surgical History**
 - PRINT form (can be found attached to “Email Booking Package”)
 - Make appointment with your GP (if you don’t have one, take it to any walk-in clinic)
 - To be completed by a physician ONLY, (nurse practitioner CANNOT complete)
 - To be completed and returned to the clinic five weeks prior to surgical date

- Lab work**
 - If applicable (can be found attached to “Email Booking Package”)
 - If you do NOT see a requisition attached to your “Email Booking Package”, it is not applicable
 - PRINT form and take it to any Life Labs location
 - If there is no Life Labs near you, please contact the clinic re: making other arrangements
 - To be completed and returned to the clinic five weeks prior to surgical date

- MANDATORY 24-Hour Care**
 - Arrange 24-hour care for yourself, as well as any child or pet care
 - You may require additional care during the first 1-2 weeks post-op, depending on your surgery. More information will be provided if this is necessary

- Hotel Stay (if applicable)**
 - Required for extensive surgeries and out-of-town patients
 - See our website for hotel options, located under “Out of Town Patients”
 - Reference “Booking Your Hotel Stay” for further instructions

- Supplies**
 - Purchase supplies to have on hand: Extra Strength Tylenol, Ibuprofen, Ice packs

- Work Arrangements (if applicable)**
 - Ensure you have appropriate time off work
 - Discuss potential for modified duties with your employer

- Payment**
 - Final payment is due four weeks prior to surgery date
 - Visa or MasterCard accepted over the phone or in office
 - Cash or Interac payments accepted in office
 - May also pay via certified cheque/bank draft or money order
 - Personal cheques may be used but cannot be accepted within three weeks of surgery
 - Cheques must be made out to: Dr. Kenneth A. Smith
 - E-transfers are also accepted – please contact us to arrange