

Surgery Preparation Check list:

- Pre-Surgical History**
 - PRINT form (can be found attached to “Email Booking Package”)
 - Make appointment with your GP (if you don’t have one, take it to any walk-in clinic)
 - To be completed by a physician ONLY, (nurse practitioner CANNOT complete)
 - To be completed & returned to the clinic 5 weeks prior to surgical date

- Lab work**
 - If applicable (can be found attached to “Email Booking Package”)
 - If you do NOT see a requisition attached to your “Email Booking Package”, it is not applicable
 - PRINT form, take it to any Life Labs locations
 - If there is no Life Labs near you, please contact the clinic re: making other arrangements
 - To be completed & returned to the clinic 5 weeks prior to surgical date

- MANDATORY 24 Hour Care**
 - Arrange 24 hour care for yourself, as well as any child or pet care
 - You may require additional care during the 1-2 weeks post-op, depending on your surgery

- Hotel Stay (if applicable)**
 - Extensive surgeries & out of town patients
 - Request early check-in
 - Have your support person’s name on the reservation
 - See website for hotel options, located under “Out of Town Patients”

- Supplies**
 - You will be provided with supplies by one of our nurses after surgery
 - You will need to have Extra Strength Tylenol & Ibuprofen on hand at home

- Work Arrangements (if applicable)**
 - Ensure you have appropriate time off work
 - Discuss with your employer about modified duties

- Payment**
 - Final payment is due 4 weeks prior to surgery date
 - Credit cards accepted over the phone
 - If paying with cash or interact/Debit, you must come into the clinic to process payment
 - Personal cheques cannot be accepted within 3 weeks of surgery
 - If your surgical date is less than 4 weeks out, you will need a Certified Cheque
 - Please contact the clinic to find out who to make the cheque out to